North Valley Internal Medicine

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Community Resources Information for Our Patients

There might be a time when you or someone in your family might need help with something that is not directly healthcare related or is something our practice cannot provide. Our practice maintains a list of community resources, so do not hesitate to ask us for a referral or help in finding the right resource for you.

Please check from the list below any need you may have now or possibly in the future. The list below gives general categories and examples of the resources we can help you with.

- ☐ Food — for a list of local food banks or WIC
- ☐ Health — for health management, education & prenatal needs, county health departments
- ☐ Hotlines — for crisis intervention such a suicidal patients or domestic violence
- ☐ Housing — for housing assistance such as low income housing or various shelters in your community
- ☐ Legal Aid — for help with finding an agency for any legal issues
- ☐ Medical equipment — for a list of places you can get help wi th equipment like crutches or walkers
- ☐ Medications — for help with getting free or reduced prices on needed medications
- ☐ Mental Health — for help in finding the appropriate place help with such needs as depression, substance abuse, suicide prevention, counseling, grief support, etc.
- ☐ Senior Support Services — for help in finding help with a variety of needs for seniors
- ☐ Transportation — for help with finding transportation for appointments and other needs
- ☐ Urgent Care — providing a list of local Urgent Care facilities and tips on when to appropriately use them
- ☐ Utilities — for help with heat and electricity needs
- ☐ Other — please write a need you might have that you don't feel is covered by the above list

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Additional information for disease specific resources or general resources can be found through the following:

- ☐ Asthma & COPD: American Lung Association
- ☐ Cancer: American Cancer Society, Michigan Self-Help groups on MHweb.org
- ☐ Coronary Disease: American Heart Association
- ☐ Diabetes: American Diabetes Association, Defeat Diabetes Foundation
- ☐ United Way 2-1-1 Hotline for links to several online community resources

☐ **No need at this time**

In order to meet your needs, this information will be included in your medical record. Please let us know if at any time your needs change and you need an additional referral.

Please include your name here: _____ Date: _____